

**The Presentation of the Lord**  
**Daily Prayer**

This is a wonderful week to use the brief background times of our lives to talk with the Lord about our need for healing. We can begin each day by naming some desire we have for healing and deeper wholeness and peace. Putting these desires into words, early each day, as soon as we get up or while in the shower or while dressing, helps us give focus to our relationship with the Lord that day. "Lord, thank you for this day. Be with me as I face the challenges before me today. I especially need patience and more compassion, Lord. Heal the anger I feel, and give me peace, so that I can love the way I know you want me to." Each of us can make this 30 second prayer specific to what we need to do each day, and what graces we need to do it. Getting in the habit of naming what I need and asking for it will shape how we spend the day, confidently aware of our God's presence with us.

Throughout the day, we can continue our simple conversation with our Lord, speaking friend to friend. We may encounter some spirits within ourselves that aren't very clean. Anger or resentment, fear or paralysis, jealousy or pride, lust or greed, self-pity or judging of others are all spirits that distort our ability to love others the way we are loved by our God. When we encounter them, we can ask the Lord to heal us, to drive these spirits from our hearts. Each experience of our need for a Savior can deepen our desire, and our ability to name them each morning.

The healing stories in the gospels make it clear that faith is key to the healing. When the people in Jesus' home town say, "Isn't this just the carpenter's son?" their lack of faith is saying, "He can't heal us." In our own struggle with letting Jesus be our Savior, two things can get in the way. First of all, we need to know we need healing. Secondly, we need to *want* to be healed. If I cling to being angry or have become comfortable being afraid, I will first need to acknowledge what a difference freedom would mean in my life and come to desire healing. Then, I need to believe our Lord can heal me. The rest is easy. This honest dialogue with our Lord, throughout our days, no matter what we are doing, can help us grow in faith in the One who wants nothing more than to keep freeing us to know his love for us and to share it generously with others.

The integrating element of this daily prayer is the gratitude we express each evening before we sleep, giving thanks for the grace to be able to connect with our Savior throughout this busy day.

**Reflection**

This Sunday we celebrate the Feast of the Presentation of the Lord. This Feast is celebrated on February 2nd each year. Our Gospel for this Feast is the story of the Presentation of Christ in the Temple in accordance with Mosaic law.

When Mary and Joseph came to the Temple they encountered Simeon, who was "*righteous and devout, awaiting the consolation of Israel and the Holy Spirit was upon him. It had been revealed to him by the Holy Spirit that he should not see death before he had seen the Christ of the Lord.*" Simeon blessed Mary and Joseph and then said to Mary: "*Behold, this child is destined for the fall and rise of many in Israel, and to be sign that will be contradicted --- and you yourself a sword of sorrow will pierce --- so that the thoughts of many hearts may be revealed.*"

Mary and Joseph were fulfilling the prescription of the law of Moses when they presented Jesus in the Temple. As is often the case in the scriptures, though, things have a much deeper meaning than is immediately evident. Simeon's words prophesy both Christ's ministry and his passion and death.

Our first reading this Sunday is taken from the Book of the Prophet Malachi. In the section we read this weekend God announces: "*Lo, I am sending my messenger to prepare the way before me.....*" From our Christian perspective we see this prophecy as referring to John the Baptist who came to prepare the way for Christ.

Our second reading this weekend is from the Letter to the Hebrews. It reminds us that Jesus "*had to become like his brothers and sisters in every way, the he might be a merciful and faithful high priest before God to expiate the sins of the people. Because he himself was tested through what he suffered he is able to help those who are being tested.*"

Questions for Reflection/Discussion:

1. Simeon said that Jesus was a "sign that will be contradicted." What does this mean to you?
2. Have you ever waited, as Simeon did, and eventually found your waiting rewarded?
3. I loved the words from Hebrews that "because he himself was tested through what he suffered he is able to help those who are being tested." When and how have you felt Jesus' help in time of need?

<https://www.mary.org/blog/202001/thoughts-readings-feast-presentation-february-2nd-2020#.XjHj1m5FyUk>

## Calendario Breve

- Rezo del Santo Rosario media hora antes de las dos misas diarias de lunes a sábado.
- Guerreros de la Oración ofrecen una reflexión el primer lunes de mes de 4 a 4:45pm en el Templo.
- La Pastoral de la Salud se reúne el 2do lunes de mes a las 9am en la Terraza Parroquial.
- Estudios Bíblicos: los lunes, a las 7:30pm en la biblioteca de la Academia.
- Círculo de Oración los jueves 7pm en la Capilla.
- El Ministerio del Sagrado Corazón se reúne los primeros viernes de mes para la misa de 8:00am en el Templo.
- La Cofradía de Nuestra Señora del Carmen se reúne el primer sábado de mes a las 7:30am en el Templo.
- La Comunidad de la Misa de las 9:30am invita a su próximo desayuno el segundo domingo de mes al finalizar la Misa .
- La Comunidad de la Misa de las 8:00am invita a su próximo desayuno el tercer domingo de mes al finalizar la Misa.

## Calendario Breve de Jardines de San Francisco

- Rezo del Santo Rosario 40 minutos antes de la Misa dominical.
- Reunión de CVX el primer y tercer lunes de mes a las 7:15pm.
- Catequesis de niños todos los miércoles en el Centro de 5 a 6pm.
- Estudios Bíblicos todos los miércoles a las 7:15pm, usando el libro, "Grupos de Jesús" de José Antonio Pagola.



## RECEMOS POR NUESTROS ENFERMOS

Amaryllis Velilla, Ana Livia Otaño, Gloria Negrón,  
Jean Oliver, María Consuelo (Chela) Longo,  
Nancy y Emmanuel Vega, Lisardo Batán,  
Rafael Martínez, Teresita Colberg,  
niño Arturo Javier Alonso,

## RECEMOS POR LOS RECIÉN FALLECIDOS

Mariela Flores +, Pedro Romero Marrero +, Jane Adams +,  
Dr. Jesús Enrique Pijem +, y  
Felipe "Pipe" Carro Lahongrais +

(Favor de informarle a la Oficina Parroquial de los enfermos y de los fallecidos para que podamos anunciarlos en el boletín.

Gracias.)

## ANUNCIOS PARROQUIALES

- Estamos recogiendo comida y artículos de necesidad este fin de semana para el Centro de Tutorías "*Vietnam Estudia*". Pueden dejar su contribución en las cajas negras. También se puede cooperar dejando un **donativo monetario** en el sobre que tiene cada caja negra. Agradecemos su contribución.
- Habrá una *venta* de bizcochos y *mallorcas* este domingo, **2 de febrero** después de la Misa de 5:30pm. Agradecemos su cooperación.
- El Próximo *Taizé* será el miércoles, **5 de febrero** a las 7pm.
- **Noche de Película:** este viernes, **7 de febrero** se ofrece la película "*Song of Bernadette*" en el Centro Parroquial a las 7pm. Traigan algo para compartir.
- El Club de Amigos de PR ofrece un *Taller de Sanación, "Encuéntrate"* del **7 al 9 de febrero** en la *Casa Fernando* para reconocer conflictos internos y sanarlos. El costo es de \$125 y puede separar su espacio llamando al 787-225-4300.
- Celebraremos la **XXVIII Jornada Mundial del Enfermo** con una *Misa* el **martes, 11 de febrero a las 10am**. Invitamos a todos los enfermos y familiares a participar.
- El **Rev. Julio Misnal Ruiz, SJ**, el nieto de Sara Cestero y quien se ordenó sacerdote el 11 de enero, celebrará una *Misa de Acción de Gracias* en la Parroquia San Ignacio el domingo, **16 de febrero a las 11:30am**. No se la pierda.
- Tendremos la imposición de cenizas el **miércoles, 26 febrero** en las dos misas diarias: 8:00am y 5:30pm.



**"Un pueblo que camina en tinieblas ha visto una gran luz."**

Este fin de semana, estaremos inaugurando una bandera que se encuentra a la derecha del altar. En todas las misas de este fin de semana, estaremos entregando una estrella a cada familia. Como hicimos en otra ocasión con rosas, les invitamos a cada familia a llevar la estrella a casa y que la decore de la manera que quieren. Deben de poner el nombre de la familia también. Al llevarla otra vez a la parroquia, se la pegará a la bandera para manifestar cómo nuestras familias son luz para muchos de nuestros hermanas y hermanos en Puerto Rico quienes en este momento carecen de esperanza.  
**¡No salgan de misa antes de conseguir su estrella!**