

5th Sunday in Ordinary Time Daily Prayer

Reflection

This is a wonderful week to use the brief background times of our lives to talk with the Lord about our need for healing. We can begin each day by naming some desire we have for healing and deeper wholeness and peace. Putting these desires into words, early each day, as soon as we get up or while in the shower or while dressing, helps us give focus to our relationship with the Lord that day. "Lord, thank you for this day. Be with me as I face the challenges before me today. I especially need patience and more compassion, Lord. Heal the anger I feel, and give me peace, so that I can love the way I know you want me to." Each of us can make this 30 second prayer specific to what we need to do each day, and what graces we need to do it. Getting in the habit of naming what I need and asking for it will shape how we spend the day, confidently aware of our God's presence with us.

Throughout the day, we can continue our simple conversation with our Lord, speaking friend to friend. We may encounter some spirits within ourselves that aren't very clean. Anger or resentment, fear or paralysis, jealousy or pride, lust or greed, self-pity or judging of others are all spirits that distort our ability to love others the way we are loved by our God. When we encounter them, we can ask the Lord to heal us, to drive these spirits from our hearts. Each experience of our need for a Savior can deepen our desire, and our ability to name them each morning.

The healing stories in the gospels make it clear that faith is key to the healing. When the people in Jesus' home town say, "Isn't this just the carpenter's son?" their lack of faith is saying, "He can't heal us." In our own struggle with letting Jesus be our Savior, two things can get in the way. First of all, we need to know we need healing. Secondly, we need to *want* to be healed. If I cling to being angry or have become comfortable being afraid, I will first need to acknowledge what a difference freedom would mean in my life and come to desire healing. Then, I need to believe our Lord can heal me. The rest is easy. This honest dialogue with our Lord, throughout our days, no matter what we are doing, can help us grow in faith in the One who wants nothing more than to keep freeing us to know his love for us and to share it generously with others.

The integrating element of this daily prayer is the gratitude we express each evening before we sleep, giving thanks for the grace to be able to connect with our Savior throughout this busy day.

<https://onlineministries.creighton.edu/CollaborativeMinistry/Prayer/A2-OT-05.html>

"Pass the salt, please." How often do we use those words in a given week? I suspect that even those who are trying to cut down on their salt intake still use these words a fair amount of the time. Salt is perhaps the most common seasoning. It is an inexpensive way to give zest and flavor to whatever it is added.

In our Gospel today for the 5th Sunday in Ordinary Time, Jesus tells his disciples that they are "*salt of the earth*" and "*light of the world.*" In these familiar words Jesus reminds his disciples that they are to live in such a way as to have an impact on the world around them. Jesus is clear. No one "lights a lamp and then puts it under a bushel basket; it is set on a lampstand, where it gives light to all in the house." But we aren't to be "salt" and "light" so that others will think highly of us. Rather we are to be salt and light so that people "*may see your good deeds and glorify your heavenly father.*"

Our first reading this Sunday is taken from the Book of the Prophet Isaiah. In it Isaiah exhorts the people to "*Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own. Then your light will shine forth like the dawn.*" Clearly being a "light" requires some concrete and specific actions, not just good thoughts.

Our second reading this Sunday again comes from the first letter of Saint Paul to the Corinthians. In it Paul tells the people of Corinth that he "*did not come with sublimity of words or of wisdom so that your faith might rest not on human wisdom, but on the power of God.*"

Questions for discussion/reflection:

1. When have you been salt or light to those around you?
2. When has someone been salt or light to you?
3. When has your faith been encouraged not by someone's words, but by someone's actions?

<https://www.mary.org/blog/202002/thoughts-readings-5th-sunday-ordinary-time-2020#.XjsYMm5FyUk>



Calendario Breve

- Rezo del Santo Rosario media hora antes de las dos misas diarias de lunes a sábado.
- Guerreros de la Oración ofrecen una reflexión el primer lunes de mes de 4 a 4:45pm en el Templo.
- La Pastoral de la Salud se reúne el 2do lunes de mes a las 9am en la Terraza Parroquial.
- Estudios Bíblicos: los lunes, a las 7:30pm en la biblioteca de la Academia.
- Circulo de Oración los jueves 7pm en la Capilla.
- El Ministerio del Sagrado Corazón se reúne los primeros viernes de mes para la misa de 8:00am en el Templo.
- La Cofradía de Nuestra Señora del Carmen se reúne el primer sábado de mes a las 7:30am en el Templo.
- La Comunidad de la Misa de las 9:30am invita a su próximo desayuno el segundo domingo de mes al finalizar la Misa .
- La Comunidad de la Misa de las 8:00am invita a su próximo desayuno el tercer domingo de mes al finalizar la Misa.

Calendario Breve de Jardines de San Francisco

- Rezo del Santo Rosario 40 minutos antes de la Misa dominical.
- Reunión de CVX el primer y tercer lunes de mes a las 7:15pm.
- Catequesis de niños todos los miércoles en el Centro de 5 a 6pm.
- Estudios Bíblicos todos los miércoles a las 7:15pm, usando el libro, "Grupos de Jesús" de José Antonio Pagola.



RECEMOS POR NUESTROS ENFERMOS

Amaryllis Velilla, Ana Livia Otaño, Gloria Negrón,
Jean Oliver, María Consuelo (Chela) Longo,
Nancy y Emmanuel Vega, Lisardo Batán,
Rafael Martínez, Teresita Colberg,
niño Arturo Javier Alonso,

RECEMOS POR LOS RECIÉN FALLECIDOS

Belén Valentín Miranda +, Felipe Carro Lohongraia +,
Humberto Muñoz +, José Ribas Dominicci +, Olga Díaz +,
Sylvia Tasner +

(Favor de informarle a la Oficina Parroquial de los enfermos y de los fallecidos para que podamos anunciarlos en el boletín.

Gracias.)

ANUNCIOS PARROQUIALES

- La próxima reunión para los candidatos de la **Confirmación y sus padres** es este domingo, 9 de febrero a las 4pm en el Centro Parroquial.
- Celebraremos la **XXVIII Jornada Mundial del Enfermo** con una **Misa el martes, 11 de febrero a las 10am**. Invitamos a todos los enfermos y familiares a participar. Auspiciado por la Pastoral de la Salud.
- **Noche de Película:** este viernes, **14 de febrero** se ofrece la película "**Brother Sun, Sister Moon**" en el Centro Parroquial a las 7pm. Traigan algo para compartir.
- El **Rev. Julio Misnal Ruiz, SJ**, el nieto de Sara Cestero y quien se ordenó sacerdote el 11 de enero, celebrará una Misa de Acción de Gracias en la Parroquia San Ignacio el domingo, **16 de febrero a las 11:30am**.
- Tendremos la imposición de cenizas el **miércoles, 26 febrero** en las dos misas diarias: 8:00am y 5:30pm.
- Próximo **Taizé** será el miércoles, 4 de marzo a las 7pm.
- La Cofradía de Ntra Señora del Carmen invita a: #1- a una **charla** sobre el **Pecado** por el Padre Fernando Barreto, SJ, el sábado, **7 de marzo a las 9am** en el Templo. #2- a una **peregrinación** al **Santuario de la Divina Providencia** el **jueves, 19 de marzo**, saliendo de nuestra Parroquia a las **11:30 am** para llegar a la celebración de la Santa Misa al mediodía.



**"Un pueblo que camina en tinieblas
ha visto una gran luz."**

Ya inauguramos la bandera que se encuentra a la derecha del altar. Se entregaron una estrella a cada familia. Invitamos a cada familia a llevarse la estrella a casa y que la decoren de la manera que quieran. Deben de incluir el nombre de la familia. Al llevarla otra vez a la parroquia, se pegará a la bandera para manifestar cómo nuestras familias son luz para muchos de nuestros hermanos y hermanas en Puerto Rico quienes en este momento carecen de esperanza.

Si todavía no tienen su estrella, ¡pidanla!