

## 1st Sunday of Lent

This first week of Lent is the time we are given to begin our Lenten patterns, to re-align our priorities, and to make use of more reflective time each day. It is a time to fast and abstain from those things that hinder our relationship with the Lord, and to consider being more generous to the poor. As we make this beginning, we are offered some beautiful instruction about what is expected of us. These readings describe a very Jesus-like love. We can examine our care for the hungry, thirsty, naked, sick or imprisoned. We can reflect upon who in our lives needs us and whether we love them as we want to be loved. And we can look at the deeper things, like our anger or how we treat others, and our response to those who are our "enemies." What is most important this first week, beyond a sharper examination of our consciences, is to see this as a time for God's grace to work in us. So, it is a time to ask for the graces we are starting to see we need.

Each morning this week we can ask our Lord to help us focus this day on the neediest people around us. We can ask to begin new patterns this week by practicing special charity and love, where I haven't been so generous or kind before. The key is to ask and to be very specific. Then, throughout the day, we can keep talking with our Lord, in the background about these graces we ask for and the concrete circumstances we find ourselves in. It is in the particular events of our day that we will become attentive to our need for our Lord's presence and grace, as well as our need to choose a new pattern. Each evening, we can briefly review the day and recognize some missed opportunities to connect with the Lord or take advantage of a situation here or there, but most of all, we can thank the Lord for the moments of connection that have begun our Lenten journey.

<https://onlineministries.creighton.edu/CollaborativeMinistry/Prayer/A2-L-01.html>



## Reflection

This weekend we begin the season of Lent. Now as you may have heard me say previously, when I was growing up I used to look forward to Lent with all the excitement of a trip to the Dentist. (My apologies to the dentists in our congregation.) As I've grown older, though, I've come to realize how important and how good the season of Lent is for our Church, as well as for me personally. It is a time to step back from the usual activities of life and focus on our relationship with God. We do this through the primary activities of Lent: Prayer, Fasting, and Almsgiving. In our prayer we attend to God. Through our fasting we deny ourselves what we want to discover what we really need. And in our almsgiving, we offer from our surplus, to those who have little or nothing.

Each year on the first Sunday of Lent we read one of the accounts of the Temptation of Christ in the desert. This year we read from the Gospel of Matthew. The basic details of the temptation are the same in the Gospels of Matthew and Luke. In these Gospels Jesus faces three temptations: The temptation to take care of his own needs (turn stones into loaves of bread); the temptation to a grandiose display of power (throw yourself down from the parapet of the temple); and finally the temptation to worldly power and might (all the kingdoms of the world I shall give you, if you only worship me). We all face similar temptations in our lives --- certainly not to the extent that Jesus did --- but temptations that are similar in kind, if not strength and intensity. Jesus has shown us, though, that God's grace is sufficient to resist these temptations.

In our first reading this weekend we read the scriptural account of the temptation of Adam and Eve. It serves as a counterpoint to the Gospel. Unlike Adam and Eve, Jesus does not succumb to temptation.

Our second reading this weekend is taken from the Letter of Saint Paul to the Romans. It follows the theme of the Gospel and first reading and reminds us that *"For just as through the disobedience of the one man the many were made sinners, so, through the obedience of the one, the many will be made righteous."*

### **Questions for Reflection/Discussion:**

1. We all face temptations in our lives. Now certainly the temptations we face aren't nearly as intense or as powerful as those faced by Jesus. Would you agree, though, that in one way or another we all face temptations similar to those faced by Jesus?

2. Christians did not invent temptation. We do believe, though, that we have found the remedy for temptation in Jesus Christ. When has God's grace helped you to resist temptation?

3. Why do some people seem better able to resist temptation than others?

<https://www.mary.org/blog/202002/thoughts-readings-first-sunday-lent-2020#.Xljz5EBFyUk>

## Calendario Breve

- Rezo del Santo Rosario media hora antes de las dos misas diarias de lunes a sábado.
- Guerreros de la Oración ofrecen una reflexión el primer lunes de mes de 4 a 4:45pm en el Templo.
- La Pastoral de la Salud se reúne el 2do lunes de mes a las 9am en la Terraza Parroquial.
- Estudios Bíblicos: los lunes, a las 7:30pm en la biblioteca de la Academia.
- Circulo de Oración los jueves 7pm en la Capilla.
- El Ministerio del Sagrado Corazón se reúne los primeros viernes de mes para la misa de 8:00am en el Templo.
- Tendremos el **Via Crucis** todos los **viernes** durante la Cuaresma al finalizar la Misa de 8:00am.
- La Cofradía de Nuestra Señora del Carmen se reúne el primer sábado de mes a las 7:30am en el Templo.
- La Comunidad de la Misa de las 9:30am invita a su próximo desayuno el segundo domingo de mes al finalizar la Misa .
- La Comunidad de la Misa de las 8:00am invita a su próximo desayuno el tercer domingo de mes al finalizar la Misa.

## Calendario Breve de Jardines de San Francisco

- Rezo del Santo Rosario 40 minutos antes de la Misa dominical.
- Reunión de CVX el primer y tercer lunes de mes a las 7:15pm.
- Catequesis de niños todos los miércoles en el Centro de 5 a 6pm.
- Estudios Bíblicos todos los miércoles a las 7:15pm, usando el libro, "Grupos de Jesús" de José Antonio Pagola.



## ANUNCIOS PARROQUIALES

- Estamos recogiendo comida y artículos de necesidad este fin de semana para el Centro de Tutorías "**Vietnam Estudia**". Pueden dejar su contribución en las cajas negras. También se puede cooperar dejando un **donativo monetario** en el sobre que tiene cada caja negra. Gracias por su contribución.
- La próxima **Movie Night** será el **viernes, 6 de marzo** La a las 7pm en el Centro Parroquial. La película será, **Padre Pio, Miracle Man** .
- Quedan 3 tandas de los **Ejercicios Espirituales en la Vida Diaria de 7-días** que se ofrecerán durante la Cuaresma. Las próximas tandas serán Marzo 8-14; 15-21; y 22-28. Las reuniones de orientación serán los domingos 8, 15, y 22 de marzo a la 1:30pm en el Centro Parroquial.
- Próximo **Taizé** será el miércoles, 4 de marzo a las 7pm.
- La Cofradía de Ntra Señora del Carmen invita a: #1- a una **charla** sobre el **Pecado** por el Padre Fernando Barreto, SJ, el sábado, **7 de marzo a las 9am** en el Templo. #2- a una **peregrinación** al **Santuario de la Divina Providencia** el **jueves, 19 de marzo**, saliendo de nuestra Parroquia a las **11:30 am** para llegar a la celebración de la Santa Misa al mediodía.
- Pongan en su calendario la fecha de la **Cena Pascual Judía** que tendrá lugar el jueves, 2 de abril, justo una semana antes de Jueves, Santo.
- Se ofrece un **retiro de 8 días en silencio** del 21 al 28 de julio 2020 en la Casa Fernando. El recurso es el P. Hermann Rodríguez, SJ. Para mas información, favor de contactar al **P. Flavio Bravo, SJ** al **fbravosj@gmail.com**
- **Retiro Espiritual en Año Mariano**: Apunte en su calendario el retiro mariano que está preparando el P. Larry a través de Miranda Travel. Entre el 13 y el 30 de julio de este Año Mariano. **Se necesita pasaporte vigente. La próxima reunión será EL SÁBADO, 21 DE MARZO A LAS 3PM** en Miranda Travel, 809 Ave. Fernández Juncos. Para más información, llame a 787-722-4999.



## RECEMOS POR NUESTROS ENFERMOS

Amaryllis Velilla, Ana Livia Otaño, Gloria Negrón,  
Lisardo Batán, María Consuelo (Chela) Longo,  
Sister Rosario CSJ, Nancy y Emmanuel Vega, Jean Oliver, Rafael  
Martínez, Teresita Colberg,  
niño Arturo Javier Alonso, Olga De Jesús, Marifé Pons

## RECEMOS POR LOS RECIÉN FALLECIDOS

Pedro Llovet +  
Emilia García +

Favor de informarle a la Oficina Parroquial de los enfermos y de los  
fallecidos para que podamos anunciarlos en el boletín. Gracias.